

# RLK's

By Chris McCaig

## RIGHT - LEFT - KICK

- 1) The first exercise is simply - right hand, left hand and kick drum.  
We are going to start out just playing the hands on the snare.

R L K R L K R L K R L K

- 2) Next the hands move around the kit - snare, tom 1, tom 2, floor tom.

R L K R L K R L K R L K

- 3) Now the right hand plays the floor tom and the left hand plays tom 1.

R L K R L K R L K R L K

- 4) RLK's can also be applied to 1/16th notes. Notice the extra LEFT at the end of the bar.

R L K R L K R L K R L K L

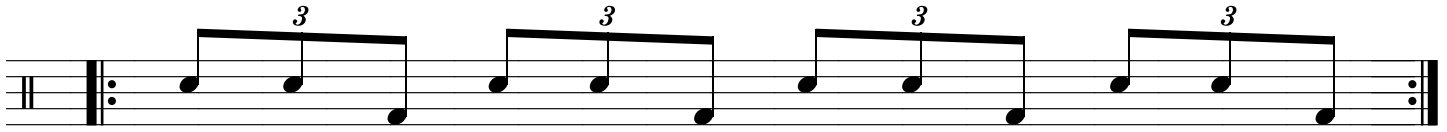
- 5) Around the kit using 1/16th notes.

R L K R L K R L K R L K L

- 6) Floor tom and tom 1 with 1/16th notes

R L K R L K R L K R L K L

7) Sticking variations - Try the following sticking variations, first on the snare and then with rights on the floor tom and lefts on tom 1.



- a) R L R L R L R L R L
- b) L R L R L R L R L R
- c) R R L L R R L L L L
- d) R L R R L R L L

More sticking variations can be found on the first three pages of 'Stick Control' by George L. Stone. You can also apply these sticking variations as 1/16th notes.

8) Fills

\*All fills use the RLK sticking.

